



NEWSLETTER

GULF COAST SOCIETY OF
HEALTH-SYSTEM PHARMACISTS

SPRING 2023 EDITION

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PRESIDENT'S LETTER

Hello GCSHP Membership!

As we sit and reminisce about the 2022 – 2023 year, I am extremely grateful and humbled by what the organization has been able to accomplish. This year was the year of “getting back to normal” even though “normal” had to be a bit different. I would like to sincerely thank the entire membership of assisting the organization in navigating post-pandemic needs, wants, and the new un-defined organizational culture. It has been an interesting, yet fruitful year!

Our first goal this year was to strategically grow our membership numbers back to pre-pandemic numbers. As of February 2023, we have surpassed 420 members! Such an amazing group of pharmacy technicians, pharmacists, and industry partners that make GCSHP so successful. Secondary to the membership goal, we wanted to bring back the fellowship that comes with in-person social, philanthropic, and educational events. It was a challenge balancing the number of in-person events with the number of remote online events to help serve a wider range of our membership. However, I believe we found our groove and we have finally created our “new normal”.

Over the past year, we have had monthly events to bring back programming for all of our members. Our New Practitioner Ambassador, Niaz, worked to host monthly Grand Rounds with our Pharmacy Residents accompanied by a general membership meeting. Our co-Education Chairs, spearheaded by Qasim, were able to partner with our industry vendors to provide monthly industry sponsored events. Alongside of our monthly programming, we have volunteered at the Houston Food Bank, partnered with our colleges of pharmacy (UH, TSU, A&M) for student presentations, and socialized in various areas around Houston, including the Museum of Fine Arts, Kirby Ice House, and West Alabama Ice House! It is through these events that we are able to connect with each other and to expand our networking circles.



Thomas Roduta, PharmD, MS

We also have numerous planned events for the rest of the year! Hopefully we will see you all soon since the TSHP Annual Seminar is relatively local in the Moody Gardens, Galveston, TX on April 21st-23rd. We will also be hosting our annual Houston-Area Residency Graduation to support the programs and accomplishments of our Houston area residents. This event usually includes over 40 PGY1s, PGY2 specialties, and fellowship programs within the greater Houston area. Additionally, we are planning our annual Casino Night. New events we hope to bring to the membership include a “Match Party” where we celebrate our new practitioners who have recently matched into residency and fellowship programs. Additionally, we are in the planning stages of a CE-driven annual seminar hosted by GCSHP – more news to come as we solidify these dates!

On behalf of the GCSHP Board, we thank each and every member for your continued dedication, support, and love for both the organization and the profession. It has been my pleasure and honor serving this organization. Cheers to another successful year and for all of the potential opportunities that the organization and the profession has ahead!

2022 HIGHLIGHTS



GCSHP Residency Graduation

Class of 2022 residency graduates being recognized at the ceremony hosted at Texas Southern University



Annual Casino Night

GCSHP members and friends enjoy games at the 8th Annual Casino Night at Saint Arnold's Brewery



Networking Social

GCSHP members mingle at a social hosted at West Alabama Ice House during Pharmacy Week



Community Service

GCSHP members and friends volunteer at the Houston Food Bank in December

GCSHP OFFICER NOMINATIONS 2023

Join our Team!

President-Elect

Director I

**Recording
Secretary**

**Communications
Secretary**

**New Practitioner
Ambassador**

Interested in getting more involved with a great organization and working with a dedicated group of pharmacy professionals? Become an officer!

Know someone who is a natural born leader with a passion for pharmacy and service? Nominate them for office!

We are accepting nominations for this upcoming year's officer positions. The [nomination form](#) includes details about each position. Following GCSHP bylaws, there is a nominating committee that will review nominations and submit the final ballot to the membership for voting. Thank you for your participation in this important process!

Nomination deadline:
March 18, 2023

UPCOMING EVENTS

GCSHP Resident Grand Rounds

Each month, you can tune in to our general membership meetings for updates and opportunities to get involved with your local organization! Each meeting is followed by an ACPE-accredited continuing education program from a local pharmacy resident.



TSHP Annual Seminar 2023

Join your friends and colleagues as we meet to share the best of Texas pharmacy. Celebrate and connect at our host location at Moody Gardens in Galveston, Texas!



<https://tshp.org/mpage/AS23>

UPCOMING EVENTS

Dinner with a Pharmacist

Dinner with a Pharmacist is an initiative partnering GCSHP with local pharmacy schools to expose students in a small group setting (typically 5-10 students) to pharmacists from various backgrounds, specialties, and institutions. It is a chance for students to network and ask questions to help decide on a career path. If you are a pharmacist willing to having dinner with a small group of interested students in 2023, please sign up by filling out [this form](#)! Student sign-ups will be sent out later in the year via their respective schools.

Industry Dinners

GCSHP is grateful to industry sponsors who collaborate with us to host educational presentations and dinners for our members across the Greater Houston area. Thank you to the vendors below who sponsored events in the past year. Stay tuned for the next one coming soon!

Abbvie

AstraZeneca

Shionogi

Janssen

Merck

Alexion

STUDENT CORNER

University of Houston SSHP Chapter Update

Amy Shum, PharmD Candidate - President

Student Society of Health-System Pharmacists (SSHP) at the University of Houston College of Pharmacy offered our members a variety of opportunities this fall to learn more about health-system pharmacy, professional development, and post-graduate training preparation. We kick-started our semester by hosting our local Clinical Skills Competition where students tested their clinical knowledge by working up a patient case. Our chapter also hosted an inspiring professional development event where we invited Dr. Thomas Roduta to share about his pharmacy school and residency experience and involvement in GCSHP.

Our members continued to expand their professional network and strengthen their networking skills through SSHP's 13th Annual Residency Workshop. At each monthly general meeting, our members had the opportunity to discover new areas of pharmacy as we invited guest speakers who ranged from hospital pharmacy administration residents to emergency medicine specialists.

Additionally, our chapter participated in several community service projects including the 12th Annual Mayor's Back-2-School Fest at Houston's George R. Brown Convention Center where we provided vaccine assessments and wellness education to elementary school students and their families.

Our chapter ended the fall semester by hosting our Residency Showcase which was attended by over 45 residency programs and 180 pharmacy students across Texas where students networked with current residents and program directors. For the upcoming year, our chapter is excited to bring back our annual Residency Mentoring Social and Residency Bootcamp Series in addition to several workshops that will help prepare our P3 students for their upcoming APPE rotations.



STUDENT CORNER

Texas A&M University SSHP Chapter Update

Nicholas Leal, PharmD Candidate - Vice President

During the Fall 2022 semester, SSHP was able to provide its members with a great deal of opportunities to fulfill service-learning requirements. This meant utilizing the skills learned in the classroom for the benefit of our community. SSHP committee chairs stationed in both campuses organized these service-learning events.

Health Screenings at Kingsville Farmers Market

Individuals of the Kingsville community were screened by Texas A&M College of Pharmacy students offering free blood pressure and blood glucose screenings. This event was set up by the SSHP Medication Safety Committee and occurred in October serving about 60 individuals.

Free Health Screenings at Lulac Manor

The SSHP ADAPT committee organized free screenings to the residents of Lulac Manor, a non-profit organization located in Kingsville, Texas. as well as students from the Texas A&M College of Pharmacy offered blood pressure and blood glucose screenings free of charge The event, which took place for 4 days throughout October and November, served over 30 residents of the community.

TOKC Ornament Decorating Service Learning Activity

In November, SSHP co-hosted an ornament decorating service learning activity with Kappa Psi Pharmaceutical Fraternity and other COP organizations to make ornaments for cancer children patients to hang in their hospital rooms for the holidays and beyond if they desired.

For the Spring, TAMU SSHP plans to start the year by discussing the risk of burnout among students in a pharmaceutical doctorate program. Providing the resources available and information on how to deal with burnout now to prevent future pharmacists from burnout. Reducing burnout in pharmacists will in turn, increase patient's safety.





BOARD OF DIRECTORS

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Thomas Roduta, PharmD, MS



President-Elect

Reba Forbess, PhD, PharmD



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Director II

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Amanda Beck, PharmD, MS



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Chibuokem Amuneke-Nze, PharmD



Communications Secretary

Niha Zafar, PharmD, MS



New Practitioner Ambassador

Niaz Deyhim, PharmD, MS





MEMBERS-AT-LARGE

Education Co-Chair

Qasim Adil, PharmD, BCPS



Education Co-Chair

Divyamani Srinivasan, PhD, RPh



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Membership Co-Chair

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Student Representatives

Amy Shum, Chidindu Aderibigbe, Nicholas Leal



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